

THE INAUGURAL
TIFFIN FIREFIGHTER'S
LOCAL 322

5K RUN / WALK

&

1-MILE FUN RUN / WALK

2:00 p.m. Sunday, September 30, 2012

*Benefiting the
Stefanie Spielman Fund
for Breast Cancer
Research
at
The Ohio State
University
Medical Center*

Registration: There is no entry fee for this event. It is up to you to decide how much to donate. Every runner donating \$20 or more by September 1 will receive a race T-shirt. After September 1, a race T-shirt cannot be guaranteed. Runner packets will be available beginning at 1:00 p.m. the day of the race at the American Legion Shelter in Hedges-Boyer Park, 491 Coe St. Tiffin, OH 44883. A liability waiver will be signed when picking up your runner's packet.

5K Course: This 3.1 mile road race will be run in and around Tiffin's Hedges-Boyer Park.

Fun Run: The 1-Mile Fun Run/Walk will have a staggered start with runners going first then the walkers. All age groups are welcome to participate. This will be held entirely inside the park.

Age Groups: 14 years or less, 15-24, 25-34, 35-44, 45-54, 55+

Awards: Medals will be given to the top overall male and overall female finishers of the 5K. Medals will also be given to the top runner in each age group by gender. More awards are coming! Refreshments will be provided following the race.

For more information contact Rob Chappell at the Tiffin Fire Department: 419-448-5444 or rchappell@tiffinohio.gov

REGISTRATION FORM

Name _____

Address _____

City _____ State _____ Zip Code _____ Phone (____) _____

Male _____ Female _____ Age on Day of Race _____ Email _____

Make Checks Payable to:
Tiffin Firefighters Local 322
P.O. Box 453
Tiffin, OH 44883

CIRCLE YOUR EVENT

5K Run 5K Walk Fun Run

CIRCLE YOUR T-SHIRT SIZE (IF DONATING \$20+)

Youth Large Adult Small Adult Medium Adult Large Adult X-Large Adult XX-Large

